**Unit 1: Kinematics**

**NAME:

Block:**

Please be as ***reflective*** as possible with your student log. My aim with these quizzes is to provide an opportunity for you to self assess your progress as we transverse the concepts of Physics 12. ***These quizzes are FOR YOU***.

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| **Topic** | **Checkpoints** | **Plan for Improvement** |
| **1) Kinematics in 1D** |  |  |  |  |
| **2) Error Propagation** |  |  |  |  |
| **3) Graphing** **LAB QUIZ** |  | Note: This will be completed and handed IN at the end of CLASS. Please arrive to class on time and ready to roll! |
| **4) Vector Addition and Subtraction** |  |  |  |  |
| **5) Projectiles**  |  |  |  |  |

In order to receive credit for your student log you ***MUST complete the unit quiz at the end of the unit AND hand in your log BEFORE the Unit Test for the unit***.

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| **TEACHER: Please do not write in these rows!** | ***Learner was unable to reflect in any ways described to the right*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| Learner can rarely evaluate their own strengths & weaknesses and does not have a clear view on how to improve their learning | Learner can somewhat evaluate their own strengths & weaknesses and has a somewhat clear view on how to improve their learning | Learner can evaluate their own strengths & weaknesses and has specific ideas on how to improve their learning | Learner can evaluate their own strengths & weaknesses consistently and independently and has specific and comprehensive ideas on how to improve their learning |