**Unit 5: Circular Motion and Gravitation**

NAME:

Block:

|  |  |  |
| --- | --- | --- |
| **Topic** | **Checkpoints** | **Plan for Improvement** |
| **1) Circular Motion I** |  |  |  |  |
| **2) Circular Motion II** |  |  |  |  |
| **3) Circular Motion Lab** |
| **4) Gravitation** |  |  |  |  |
| **5) Gravitational Fields** |  |  |  |  |
| **6) Gravitational Potential Energy**  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STUDENT: Please highlight one of the columns that you feel reflects your progress in this unit.** | ***I was unable to demonstrate an understanding of the concepts covered in this unit.*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| I have ***struggled to*** demonstrate an understanding of the concepts in this unit. | I have ***somewhat*** demonstrated an understanding of the concepts covered in this unit. | I have ***mostly*** demonstrated an understanding of the concepts in this unit. | I have demonstrated a ***strong*** and ***complete*** understanding of the concepts covered in this unit. |
| **TEACHER: Please do not write in these rows!** | ***Learner was unable to reflect in any ways described to the right*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| Learner can rarely evaluate their own strengths & weaknesses.Learner does not have a clear view on how to improve their learning | Learner can somewhat evaluate their own strengths & weaknesses.Learner has a somewhat clear view on how to improve their learning | Learner can evaluate their own strengths & weaknesses. Learner has specific ideas on how to improve their learning | Learner can evaluate their own strengths & weaknesses consistently and independently.Learner has specific and comprehensive ideas on how to improve their learning |