**Unit 4: The Mole Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Blk: \_\_\_\_\_\_**

| **Topic** | **Checkpoints** | | | **Plan for Improvement** |
| --- | --- | --- | --- | --- |
| **1) Molar Mass** |  |  |  |  |
| **2) 1-Step Mole Conversions** |  |  |  |  |
| **3) Multi-Step Mole Conversions** |  |  |  |  |
| **4) Percent Composition** |  |  |  |  |
| **5) Empirical and Molecular Formula** |  |  |  |  |
| **6) Molarity + Dilutions** |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TEACHER: Please do not write in these rows!** | ***Learner was unable to reflect in any ways described to the right*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| Learner can rarely evaluate their own strengths & weaknesses and does not have a clear view on how to improve their learning | Learner can somewhat evaluate their own strengths & weaknesses and has a somewhat clear view on how to improve their learning | Learner can evaluate their own strengths & weaknesses and has specific ideas on how to improve their learning | Learner can evaluate their own strengths & weaknesses consistently and independently and has specific and comprehensive ideas on how to improve their learning |